

Hand Measurement - Circumference

- Measure around a flat hand at the knuckles. Do not include thumb



GLOVE SIZE	CIRCUMFERENCE				MIDDLE FINGER LENGTH			
	inches		cm		inches		cm	
	Mid-Size	Range	Mid-Size	Range	Mid-Size	Range	Mid-Size	Range
(XS) Extra Small	6.59	6.40-7.97	16.75	16.25-20.25	2.89	2.64-3.10	7.29	6.71-7.87
(S) Small	6.99	6.79-8.37	17.75	17.25-21.25	3.04	2.81-3.27	7.71	7.13-8.30
(M) Medium	7.38	7.19-8.76	18.75	18.25-22.25	3.18	2.97-3.38	8.07	7.55-8.58
(L) Large	7.78	7.58-9.15	19.75	19.25-23.25	3.36	3.16-3.57	8.54	8.03-9.06
(XL) Extra-Large	8.17	7.97-9.55	20.75	20.25-24.25	3.55	3.35-3.76	9.02	8.51-9.54